

1 **Multi-scale interactions in an idealized Walker circulation: Mean**
2 **circulation and intra-seasonal variability**

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ABSTRACT

5
6 A high resolution cloud resolving model (CRM) simulation is developed here for a two-
7 dimensional Walker circulation over a planetary scale domain of 40000 km for an extended
8 period of several hundred days. The Walker cell emerges as the time averaged statistical
9 steady state with a prescribed sinusoidal sea surface temperature (SST) pattern with mean
10 temperature of 301.15 K and horizontal variation of 4 K. The circulation exhibits intra-
11 seasonal variability on a time-scale of about 20 days with quasi-periodic intensification of
12 the circulation and broadening of the convective regime. This variability is closely tied to syn-
13 optic scale systems associated with expansion and contraction of the Walker circulation. An
14 index for the low frequency variability is developed using an Empirical Orthogonal Function
15 (EOF) analysis and by regressing various dynamic fields on this index. The low frequency
16 oscillation has four main stages: a suppressed stage with strengthened mid-level circulation,
17 intensification phase, active phase with strong upper level circulation and a weakening phase.
18 Various physical processes occurring at these stages are discussed as well as the impact of
19 organized convective systems on the large scale flow.

1. Introduction

The dynamics of the tropical atmosphere is dominated by the complex interplay between convective motions and circulation on the large scales. Convection accounts for most of the vertical energy transport and usually involves horizontal scales of 100 km or less. Yet, convective activity is strongly modulated by atmospheric variability on the synoptic and planetary scales such as the Walker and Hadley circulations, the Madden Julian Oscillation, monsoons and equatorially-trapped waves (Lau and Waliser 2011). This interplay involves a wide range of processes, such as condensation and precipitation, radiative transfer and interactions with the ocean and land surfaces. As a result, an accurate representation of convective processes remains a central challenge in modeling the atmosphere and a major source of uncertainty in climate and weather prediction (Lin et al. 2006). A proper representation of the impacts of convective motions on the atmospheric flow at larger scales requires improvement in understanding the numerous multi-scale interactions that are involved (Mocrieff et al. 2007).

This paper investigates such interactions in the context of a highly idealized simulation of large-scale tropical circulation forced by variations in surface sea temperature (SST). The temperature difference between the warm Western Pacific and colder Eastern Pacific in the equatorial regions gives rise to a basin-wide flow known as the Walker Circulation, ascending over the warm pool and descending over the Eastern Pacific. This planetary-scale pattern is associated with strong variations of convective activity, with intense deep convection over the warm water, and much weaker shallow convection over the eastern part of the Pacific. Far from being steady, the Walker circulation exhibits variability on inter-annual, seasonal and intra-seasonal time scales. In particular, intra-seasonal variability associated with Madden Julian Oscillation (MJO, Madden and Julian 1972) has a strong signal over the Western Pacific, with a peak period of about 40-50 days.

While significant progress has been made over the last four decades, our understanding of driving mechanisms underlying the MJO remains unsatisfactory (Zhang 2005). Recent studies have emphasized the role of water vapor (Majda and Stechmann 2009, 2011; Ray-

47 mond et al. 2009). In particular, large-scale advection of moisture has been suggested
48 recently to play a role for the MJO. Modulation of convective activity occurs as a result of
49 the interactions between large-scale flow and deep convection in which advection of water
50 vapor plays a critical role. The critical role of moisture is supported by observational evi-
51 dence which shows strong correlation between free tropospheric moisture and precipitation
52 in the tropics (Bretherton et al. 2004). For example, Kiranmayi et. al. (2011) found that
53 vertical buildup of moisture in front and subsequent horizontal advection of moisture play
54 important role for MJO. Several studies have also found improvement in the way MJO is
55 simulated if mid-tropospheric moisture is taken into account (see Lau and Waliser 2011, for
56 more evidence). For example, Grabowski and Moncrieff (2004) show that the MJO weakens
57 in a simulation where moisture-convective feedback is suppressed by artificial relaxation of
58 mid-tropospheric moisture and cloudiness perturbation. Khouider and Majda (2006) and
59 Khouider et al. (2010) have developed idealized multi-cloud models, where the represen-
60 tation of different types of tropical clouds and convective regimes depends crucially on the
61 mid-tropospheric dryness. In these simplified models, dry mid-troposphere is first moistened
62 by detrainment from low-level clouds that allows for a subsequent buildup of favorable con-
63 ditions for deep convection. These models have been shown to improve the simulation of the
64 wide range of tropical phenomena, from mesoscale and synoptic scale features (Frenkel et.
65 al. 2012) to the MJO (Khouider et al. 2011).

66 In addition to the role of water vapor, several studies have emphasized the fact that
67 interactions between different scales are crucial for the MJO. Majda and Biello (2004) argue
68 that many observational features of the MJO (such as vertical structure in the westerly wind
69 burst region or westerly midlevel inflow in the strong westerly flow region) are often poorly
70 represented in large-scale atmospheric models, but can be successfully reconstructed in their
71 multiscale model. In their analysis, the emergence of the MJO-like circulation depends
72 on the upscale transfer of thermal energy and momentum from an eastward-propagating
73 prescribed synoptic-scale circulation and heating. Other studies have also confirmed the

74 significant impact of convective momentum transport (CMT) onto the large-scale flow by
75 organized convective systems (Houze 2004; Moncrieff et al. 2007). Moreover, a theory for
76 two-way feedback in the MJO has been developed by Khouider et al. (2012), based on an
77 idealized two-way interaction dynamic model (Majda and Stechmann 2009). In this case,
78 the large-scale MJO-like flow was modulated by CMT from synoptic scale systems. Due
79 to modified large-scale conditions, vertical shear in particular, organized convective systems
80 have been found to develop in preferred regions within the MJO with a preferred speed and
81 direction of propagation. The prediction of this theory is in broad qualitative agreement
82 with observations of the TOGA-COARE field campaign.

83 In this paper, we study an idealized planetary-scale circulation driven by large-scale
84 variation in SST in a situation that can be viewed of as an analog for the Walker circulation.
85 We rely on a high-resolution cloud resolving model and perform a detailed analysis of the
86 simulated large-scale flow; we focus here on identifying low-frequency variability of the large-
87 scale flow, and explaining how this frequency emerges from multi-scale interactions. In
88 particular, we describe how convective variability depends on large-scale circulation. We
89 show examples of convective organization and contrast them to illustrate how convective
90 organization depends on evolving large-scale conditions. A secondary goal is also to establish
91 a benchmark simulation that can be used as a reference point to evaluate the same circulation
92 simulated with a less accurate model. In particular, our subsequent work will evaluate a
93 Sparse Space and Time Super-Parameterization (SSTSP) approach (Xing et al. 2009) to
94 represent the convective process based on its ability to accurately reproduce the interaction
95 between convection and the planetary circulation discussed here.

96 The experimental set-up used here is closely related to the one originally presented in
97 Grabowski et al. (2000). That paper considers the interactions between moist convection
98 and the large-scale flow driven by a large-scale gradient of sea surface temperature and
99 prescribed radiation. A cloud resolving model has been applied there to simulate 60 days
100 of convective and large-scale dynamics resolved in the 2d domain with a horizontal extent

101 of 4000 km. The mean circulation has been simulated quite successfully, with large-scale
102 ascent and descent above the warm and cool parts of the surface. The simulated mean
103 circulation is composed of first and second baroclinic modes, with distinct inflow to the
104 center of the domain in the lower and middle troposphere and outflow in the higher parts of
105 the troposphere. Convection is initiated periodically (about every two days) in the warmest
106 part of the domain and then propagates towards colder areas. No detailed description of
107 convective systems (their origin and structure, dependence on large-scale conditions) has
108 been presented, besides noting the variety of simulated organization. Moreover, a two-
109 day oscillation of the large-scale circulation has been found and its occurrence attributed
110 to convectively initiated gravity waves that subsequently propagate across the domain and
111 modify the large-scale flow. No detailed analysis the moisture response or how it modifies the
112 oscillation of the large-scale flow has been given. However, this may be of little importance
113 in the earlier case of Grabowski et al. (2000), since it is known that moisture responds
114 to flow fluctuations on a much slower timescale. Our experimental set-up is based on a
115 two-dimensional Walker cell set-up similar to Grabowski et al. (2000) but performed over a
116 planetary scale domain of 40000 km and for an extended period of several hundreds of days,
117 thus greatly expanding the spatial and temporal scales covered by the simulation.

118 The paper is organized as follows. The experimental setup is described in section 2.
119 The results of our numerical simulations are discussed in section 3. It is shown that the
120 large-scale SST gradient gives rise to a Walker Cell circulation. The circulation exhibits
121 intra-seasonal variability on a time-scale of about 20 days with quasi-periodic intensification
122 of the circulation and broadening of the convective regions. This variability is also closely
123 tied to synoptic-scale systems associated with the expansion and contraction of the Walker
124 circulation. Section 4 presents a systematic analysis of low frequency variability. An index
125 for the low frequency variability is obtained using an Empirical Orthogonal Function (EOF)
126 analysis and then applied to obtain a description of the oscillation by regressing the various
127 dynamic fields on this index. The oscillation is decomposed into four main stages - suppressed

128 phase, intensification, active phase and weakening - and various physical processes occurring
129 at these stages are discussed. In Section 5 we focus on organized convective systems, in
130 particular we contrast two different types of convective organization and their impact on the
131 large-scale flow.

132 **2. Model set-up**

133 In this study, we use the EULAG model of Smolarkiewicz and Margolin (1997). The
134 dynamical core is based on the anelastic approximation and uses finite-difference dynamics
135 based on the MPDATA scheme (Smolarkiewicz 2006). This advection scheme is monotonic
136 and intrinsically dissipative, and the model is used without any additional subgridscale
137 diffusion. The Eulerian version of the model is applied to simulate a two-dimensional model,
138 with 40000 km horizontal scales and 24 km in the vertical with a uniform resolution of 2 km
139 in the horizontal direction and 500 meters in the vertical. Periodic boundary conditions are
140 used in the horizontal direction and a gravity wave absorber is added in the uppermost 8
141 km of the domain.

142 The microphysical representation follows the one described in Grabowski (1998), and
143 includes two classes of condensate: cloud water and precipitation. These two classes represent
144 either cloud water and rain for temperatures above 268 K or cloud ice and snow below
145 253 K. For the temperature range in between these two thresholds, the two classes are
146 assumed to be a mixture of both of cloud water/ice and rain/snow, respectively, with the
147 relative amount given by linear dependence on temperature. Consistently, microphysical
148 processes are considered for liquid and solid condensate in an analogous way, with the details
149 of the formulas depending on the temperature. In particular, the condensation rate (and
150 latent heating related to that) of a given kind of cloud condensate is determined by the
151 condition of no supersaturation, with the saturated mixing ratio defined with respect to
152 either water or ice, or a value in between the two, depending on the temperature. Other

153 microphysical processes taken into account are autoconversion, accretion, evaporation and
 154 fallout of precipitation. More details can be found in Grabowski (1998).

155 The model is forced by a combination of a prescribed radiative cooling and surface energy
 156 fluxes. The radiative cooling \dot{Q}_{SAM} and atmospheric temperature profile T_{ref} come from
 157 a three dimensional radiative-convective equilibrium simulation performed with the System
 158 for Atmospheric Modeling (Khairoutdinov and Randall 2003) applying the NCAR CAM3
 159 interactive radiation scheme (Kiehl et al. 1998). The profiles are shown in Figure 1. The
 160 total cooling is prescribed as

$$161 \quad \dot{Q} = \dot{Q}_{SAM} + \frac{T - T_{ref}}{\tau_{rad}}, \quad (1)$$

162 with the radiative time-scale τ_{rad} set to 20 days, and T being local temperature.

163 Surface sensible and latent heat fluxes are obtained from a bulk formula

$$164 \quad F = C_d U (\phi_{sfc} - \phi_{z=0}), \quad (2)$$

165 where ϕ denotes either potential temperature, θ , or water vapor mixing ratio, q_v , at the first
 166 level of the model ($z=0$) and at the surface (sfc). Surface values of potential temperature
 167 and water vapor mixing ratio equal local SST and the saturated value of water vapor mixing
 168 ratio for the given SST, respectively. Surface wind, U, is calculated as follows:

$$169 \quad U = \max[2, (u_{z=0}^2 + u_*^2)^{0.5}], \quad (3)$$

170 with convective velocity timescale, u_* , estimated as:

$$171 \quad u_* = gHC_d [(\theta_{srf} - \theta_{z=0})/\theta_{srf} + 0.61(q_{srf} - q_{z=0})]^{0.5}. \quad (4)$$

172 Drag coefficient, C_d and height of the boundary layer, H, are assumed 10^{-3} and 600 m,
 173 respectively. The SST distributions is a cosine function, with 303.15 K in the center and
 174 299.15 K at the lateral boundaries of the domain. The model is also used without any
 175 surface friction, to keep the similarity between our experimental set-up and the one used
 176 by Grabowski et al. (2000) on a smaller domain. This experimental set-up is designed to

177 drive a large-scale circulation that shares many similarities with the Walker circulation in
178 the Tropics. The model is run over 320 days with a time step of 15 s, with our analysis
179 focusing on the last 270 days.

180 **3. Results**

181 *a. Mean Walker circulation*

182 The warm surface temperature drives enhanced convection, which generates a dominant-
183 scale overturning circulation. In addition, the simulated atmosphere exhibits significant
184 variability on the planetary, synoptic and meso-scales. In this section, we first focus on the
185 mean planetary scale circulation before analyzing its variability in the next section.

186 Figure 2 shows the time averaged horizontal velocity, perturbation of virtual temperature
187 from its mean horizontal value, equivalent potential temperature, water vapor mixing ratio,
188 relative humidity and cloud water mixing ratio. The large-scale circulation is characterized
189 by low-level convergence over the warm SST, with a double maximum in convergence at
190 the surface and at approximately 6 km. The maximum wind in the inflow is about 10 m
191 s^{-1} at the surface, with a secondary maximum of 5 m s^{-1} . This is balanced by an upper
192 tropospheric divergence, which peaks at about 13 km and a maximum horizontal velocity
193 of 20 m s^{-1} . This circulation corresponds to ascent over warm water and subsidence over
194 the colder SST, as clearly evidenced by the time-averaged streamfunction (not shown). The
195 averaged vertical velocity over the warm regions peaks at 1.5 cm s^{-1} at a height of 8 km.
196 Downward velocity in the subsidence regions is around 1 cm s^{-1} at the same level.

197 The averaged circulation thus combines a first baroclinic mode structure (Majda 2003),
198 corresponding to the low-level inflow and upper level outflow, but also a significant con-
199 tribution from a second baroclinic mode (Khouider and Majda, 2006), associated with the
200 secondary inflow maximum of horizontal velocity in the middle troposphere. This two-mode
201 structure is also reflected in the temperature distribution. Figure 2b shows the departure

202 of the virtual potential temperature from its horizontal mean value. On average, the at-
203 mosphere is warmer over the warm SST and colder over the cold water, which is consistent
204 with a dynamical forcing necessary to drive the overturning circulation. However, the virtual
205 potential temperature anomalies in the middle tropospheric are consistently of the opposite
206 sign from its mean vertical value. Such anomalies are necessary to drive the mid tropospheric
207 jet. Overall, the virtual temperature perturbations are small, on the order of 2 K, which is
208 broadly consistent with the scaling of Majda (2007).

209 The large-scale circulation has a strong impact on the moisture and equivalent poten-
210 tial temperature distributions. The subsidence regions are particularly dry, with relative
211 humidity as low as 5%, except for a shallow boundary layer of thickness of approximately 1
212 km. Convection in the subsidence regions is limited mostly to shallow convection, with little
213 to no precipitation. The equivalent potential temperature shows a pronounced minimum
214 right above the boundary layer, with θ_e as low 320 K, while the equivalent potential tem-
215 perature increases to 350 K right at the surface. The ascending region is characterized by
216 active, but highly intermittent, deep convection, with typical vertical velocity on the order
217 of 10 m s^{-1} . The ascending region is significantly more moist - particularly in the middle
218 troposphere - than the subsidence regions. The equivalent potential temperature exhibits a
219 mid-tropospheric minimum, with $\theta_e \approx 345 \text{ K}$, but it is less pronounced and located at higher
220 levels than in the subsidence regions. One can also observe that the maximum value of the
221 equivalent potential temperature is not located over the warmest SST, but rather in the
222 inflow regions where stronger surface winds enhance the evaporation and convection is less
223 active.

224 Figures 3a and 3b show the mean precipitable water content and the mean precipitation
225 rate. As noted above, the subsidence regions are very dry, with only approximately one third
226 of the precipitable water as the ascending regions. The precipitable water increases almost
227 linearly toward the ascending region, where it is approximately constant. The regions of
228 constant precipitable water content closely match the regions of high precipitation, which

229 indicates that the simulated convection acts to maintain the precipitable water close to a
 230 critical threshold value (at least on the planetary scale and long time scale).

231 Figure 3c and 3d show the surface sensible and latent heat fluxes. While SST variations
 232 drive the atmospheric circulation through these fluxes, these fluxes themselves exhibit a
 233 distinctly different structure from the SST (which is a basin-wide cosine function). Indeed,
 234 the bulk formula for the surface fluxes (2) depends not only on the surface temperature
 235 but also on the surface wind speed and atmospheric condition. For instance, the surface
 236 latent heat fluxes present twin maxima at about 15000 km and 25000 km which are closely
 237 related to the maximum surface wind. Nevertheless, both the sensible and latent heat fluxes
 238 are larger over warm SST than cold SST. In contrast, the atmospheric cooling, shown in
 239 Figure 3e, is fairly uniform horizontally. While the atmospheric cooling balances the surface
 240 fluxes when averaged on the entire domain, its variations cannot balance the much larger
 241 variations of the surface fluxes. Instead, the atmospheric circulation acts to transport energy
 242 from the warm SST regions to the colder SST regions, as shown in Figure 3f, which shows
 243 the divergence of the atmospheric energy transport:

$$244 \quad \frac{\partial}{\partial x} \int_0^{\infty} \rho u (C_p T + L_v q + gz) dz. \quad (5)$$

245 Here, $C_p T + L_v q + gZ$ is the moist static energy, with C_p the specific heat of dry air at constant
 246 pressure, L_v the latent heat of vaporization, and g the gravitational acceleration. The total
 247 atmospheric energy transport also includes the transport of kinetic energy which has been
 248 omitted from this calculation, but is in general significantly smaller than the transport of
 249 moist static energy. Thus, the mean circulation is a thermally direct circulation which acts
 250 to transport energy from warm to cold.

251 *b. Transients*

252 The time-averaged Walker circulation does not correspond to any instantaneous realiza-
 253 tion of the flow. Instead, a large number of transients operate over a wide range of spatial

254 and temporal scales. Figure 4 shows the evolution of the surface horizontal velocity over the
255 last 270 days of the simulations. The large-scale circulation exhibits a cyclic behavior, with
256 periods of intense overturning and strong wind alternating with periods of weaker circula-
257 tion and more quiescent atmosphere. The more intense periods are characterized by strong
258 surface winds reaching 20 m s^{-1} . They are also associated with a significant expansion of the
259 convergence regions and enhanced precipitation over the warm water. In contrast, during a
260 weak phase, the surface flow is very weak, to the point of almost vanishing, and the zone of
261 convergence is much more narrow. The time it takes for the flow to switch between these dif-
262 ferent phases varies on a case-by-case basis, but, on average, this cycle takes approximately
263 20 days, thus corresponding to an intraseasonal oscillations on the planetary scales.

264 This variability on the global scale is also tightly coupled to fluctuations at the synoptic
265 and meso-scale. These are visible in Figure 4 as propagating structures in the low level
266 wind. To illustrate this, we focus on two instances of propagating disturbances that are
267 delimited by the black boxes in Figure 4, and shown in greater detail in Figure 5a and
268 c. The first case can be viewed as a synoptic-scale (super) squall line (Moncrieff 1981,
269 1992; Houze 2004), characterized by a propagating low level jet that follows a region of
270 enhance convergence. Figure 5b, showing the cloud top temperature, indicates that the
271 structure is indeed associated with very intense convection, with cloud top temperature
272 as low as 200K, and a very large region of upper level stratiform clouds. This structure
273 remains coherent for several days, propagates over several thousands of kilometers and only
274 decays once it encounters dryer air masses over the cold water. Similar structures are often
275 found during the intensification of the planetary scale circulations. A second example of
276 coherent structure is shown in Figure 5c. It also appears as a large propagating system in
277 a region of low level convergence. A key difference with the previous case, as can be noted
278 from Figure 5d showing the cloud top temperature, lies in that several smaller meso-scale
279 systems are embedded within the synoptic structure. This second type of system propagates
280 preferentially toward the warm SST, and is associated with a contraction of the precipitation

281 regions. These systems occur in very different environmental conditions and exhibit very
282 different characteristics. While we will analyze these systems and their interaction with
283 the planetary scale flow in greater detail in a subsequent study, we want to highlight here
284 the close connection between these various synoptic scale features and the evolution of the
285 planetary scale circulation.

286 We also observe fluctuations at smaller scales. To quantify this high frequency variability,
287 we analyze the spatio-temporal spectrum obtained from a Fast Fourier Transform applied
288 to the precipitation field averaged over 48 km subdomains for the last 270 days of the
289 simulations. The power spectrum, which is similar to the one introduced by Wheeler and
290 Kiladis (1999), is shown in Figure 6. The spectrum shows that the precipitation exhibits
291 a broad range of variability, with somewhat more power at the lower frequencies and wave
292 numbers. The variability peaks around the line corresponding to a propagation speed of 7
293 m s^{-1} , which is somewhat lower than the propagation speed typical of convectively coupled
294 gravity waves of 15m s^{-1} found by Wheeler and Kiladis but happens to be the propagation
295 speed of the typical 'super' squall line from Figure 5. It is also symmetric in the positive and
296 negative directions, which can be attributed to the two-dimensional nature of the simulation,
297 the lack of Coriolis force, and the fact that the SST distribution is equally symmetric.

298 4. Low frequency variability

299 Here, we perform a systematic analysis of the low frequency variability in the simulations
300 based on Empirical Orthogonal functions (EOFs) of the surface wind from the last 270
301 days of the simulation. The leading EOF accounts for 36.3% of the total variance and
302 is shown in Figure 7a. This EOF corresponds to a strengthening of the low level flow,
303 with enhanced convergence over the precipitating region. The EOF coefficient $e_1(t)$ is also
304 shown in Figure 7b and indicates an oscillatory behavior with period of stronger low level
305 convergence (positive value of e_1) alternating with weaker convergence (corresponding to

306 negative value of e_1). While $e_1(t)$ is not periodic, its power spectrum peaks for a period of
 307 about 20 days, corresponding to the intra-seasonal frequency band. This low frequency is
 308 very robust and appears as the leading EOF within a wide range of dynamical variables.

309 In order to better assess the dynamics of this low frequency variability, we compute the
 310 lag regression of various variables with the EOF coefficient. For any given variable $f(x, t)$
 311 we define a typical anomaly field $\langle f \rangle (x, \tau)$ by computing a lag-regressed value

$$\langle f \rangle (x, \tau) = \frac{1}{\sigma_1(T - |\tau|)} \int e_1(t) f(x, t + \tau) dt, \quad (6)$$

312 with the integral taken between day 30 and day $(240 - \tau)$ for positive τ and between day
 313 $30 + |\tau|$ and day 240 for negative value. The quantity σ_1 is the standard deviation of the EOF
 314 coefficient e_1 . The lag regression is computed for a lag τ varying from -10 days to 9 days
 315 with a 6 hour increment. If one adds the mean value of the field $\bar{f}(x, t)$ to its lag-regressed
 316 value, one obtains the typical evolution of the variable f associated with a positive EOF
 317 anomaly of amplitude equal to the standard deviation σ_1 .

318 Figure 8a shows the Hovmoller diagram for the reconstructed surface wind $\bar{u} + \langle u \rangle$.
 319 Ten days before the peak amplitude, the surface winds are much weaker than average, with a
 320 maximum inflow velocity of the order of 5 m s^{-1} . The wind speed gradually increases to reach
 321 a peak amplitude of 14 m s^{-1} and the convergence over the center of the domain is strongly
 322 enhanced. This is followed by a gradual decay of the Walker cell. This reconstruction is in
 323 good qualitative agreement with the individual cases (Figure 4) discussed earlier.

324 Figure 8b show the reconstruction for the precipitation rate. Precipitation lags slightly
 325 the maximum low level convergence, peaking for $\tau \approx 1$ days. Interestingly, the precipitation
 326 reaches its maximum value not at the center of the domain, but rather on the edges of the
 327 convergence regions. There is also a marked asymmetry between the amplification stage
 328 ($-8 \text{ days} < \tau < -3 \text{ days}$) when precipitation is relatively weak but occurs over a relatively
 329 broad area, and the decay phase ($3 \text{ days} < \tau < 8 \text{ days}$) when the precipitation weakens
 330 overall and is confined to a much narrower region. This asymmetry is also apparent in the
 331 reconstruction for the precipitable water shown in Figure 8c. There is a significant build up

332 of water vapor in the amplification phase that occurs over a broad portion of the domain. In
333 contrast, the decaying stage is still characterized by high water content in the central region,
334 but there has been a substantial shrinking of the area with high water concentration.

335 In order to characterize the low frequency oscillation, we decompose the cycle into 4
336 phases, namely the suppressed phase corresponding to $\tau \leq -8$ days and $\tau \geq 7$ days, ampli-
337 fying phase for $\tau \geq -8$ days and $\tau \leq -3$ days, peak phase for $\tau \geq -3$ days and $\tau \leq 3$ days
338 and decaying phase that follows during $\tau \geq 3$ days and $\tau \leq 8$ days. We then compute the
339 anomalies of horizontal wind, virtual temperature, equivalent potential temperature and
340 cloud water mixing ratio in the middle of each phase. These are shown in Figures 9 - 12.

341 i. Suppressed phase

342 Figure 9 shows the anomalies associated with the suppressed phase at $\tau = -10$ days.
343 The overall structure of the anomaly corresponds to a weakening of the overturning
344 flow. The horizontal velocity in the inflow is reduced by up to 4 m s^{-1} at the surface
345 and by up to 6 m s^{-1} in the upper troposphere. A comparison with the structure of
346 the mean flow (Figure 2) indicates however that the circulation anomaly is not simply
347 promotional to the mean overturning. Instead, it exhibits a pronounced strengthening
348 of the mid tropospheric jet at about $z = 6 \text{ km}$ by as much as 2 m s^{-1} . This inten-
349 sification of the jet is associated with an increased advection of mid tropospheric dry
350 air with low equivalent potential temperature into the central part of the domain that
351 acts to suppress convection.

352 The virtual potential temperature anomaly indicates that the atmosphere as a whole
353 is slightly colder than average. It also exhibits a quadrupole pattern: the lower tro-
354 posphere is colder over the cold water, but the upper troposphere there is warmer.
355 In effect, while the lower troposphere anomaly reflects the sea surface temperature
356 distribution, the upper troposphere does not. This temperature anomaly results in an
357 acceleration of the flow toward the warm water both in the lower and upper tropo-
358 sphere, and toward the colder regions in the middle troposphere.

359 In the upper troposphere, the equivalent potential temperature anomaly is almost
360 identical to the virtual potential temperature anomaly but differs significantly below
361 6 km due to the variations of latent heat content of the air parcels. Overall, the θ_e
362 anomaly is much more homogenous in the vertical, indicating that convective processes
363 do a reasonable job at transmitting the θ_e anomaly from the surface through the entire
364 air column. The most noticeable features here are the dry mid troposphere over the
365 regions of active precipitation, which is likely tied to the stronger mid tropospheric
366 jet, and the moist anomaly located over the coldest water that is a direct result of the
367 weaker subsidence. These are also reflected in the condensed water anomalies, which
368 show much reduced cloudiness associated with weaker convection over the central part
369 of the domain, and a small positive anomaly over the cold SST.

370 ii. Strengthening phase

371 The low level flow intensifies from days -10 to days -5 . The corresponding anomalies
372 are shown in Figure 10. The surface anomaly is very weak, meaning that the surface
373 winds are now close to the climatological average. In the mid-troposphere, the anomaly
374 has reversed sign from $\tau = -10$ days corresponding to a weaker than average mid-
375 tropospheric jet. In the upper troposphere the circulation is still weaker than average,
376 though there is an indication of enhanced divergence at the very center. The evolution
377 from $\tau = -10$ days to $\tau = -5$ days is consistent with the virtual temperature anomaly
378 discussed above with the early intensification of the circulation being primarily limited
379 to the lower to mid troposphere.

380 The virtual temperature anomalies show a significant domain-wide cooling when com-
381 pared to the situation at $\tau = -10$ days, a direct result of the overall weak precipitation
382 - and latent heat heating. The central regions are also now systematically warmer than
383 the subsidence regions, which should lead to an intensification of a tropospheric deep
384 overturning circulation. A large positive anomaly for the equivalent potential tem-

385 perature of about $2K$ is present in the subsidence regions, indicative of a significant
386 moistening. In the absence of deep convection there, it remains confined below 5 km.
387 The cloud water anomaly also shows enhanced cloudiness over the subsidence regions.
388 It also indicates that the region of deep convection is more narrow than usual, with a
389 positive anomaly at the center surrounded by two negative anomalies.

390 iii. Active phase

391 Figure 11 shows the anomalies associated with the active phase at $\tau = 0$ days corre-
392 sponding to the strongest surface wind. The anomalies at $\tau = 0$ days are almost the
393 opposite to that at $\tau = -10$ days which is consistent with the quasi-periodic behavior
394 of the oscillation on a 20 days time-scale. The large-scale circulation has intensified
395 dramatically and corresponds now to a tropospheric-deep overturning circulation. The
396 atmosphere as a whole has warmed since $\tau = -5$ days. The temperature anomaly ex-
397 hibits a quadrupole structure that is similar but of opposite sign to the one observed
398 at $\tau = -10$ days. As argued above, this temperature would act to reinforce slightly the
399 upper tropospheric circulation, but weakens the low level overturning.

400 The central region is now warmer and moister than average. The magnitude of the θ_e
401 anomaly in the central region is about $2.5K$ which is comparable to the θ_e anomaly
402 that is observed over the subsidence regions at $\tau = -5$ days. A positive θ_e anomaly that
403 developed over the subsidence regions during the inactive and amplifying phase was
404 confined to the vertical region a few kilometers above the boundary layer. It spreads
405 to the entire column once it reaches the regions of active convection during the active
406 phase where it contributes to the overall warming of the atmosphere. Interestingly,
407 the strongest convection occurs on the edge of the precipitation regions - as can be
408 noted from both the θ_e anomaly and the cloud water anomaly - corresponding thus to
409 a broadening of the region of active convection resulting from the inflow of moister air.
410 This evolution of the θ_e anomaly here is a strong indication that horizontal advection

411 of θ_e and moisture is a key ingredient to explain the intraseasonal modulation of the
412 convective activity in our simulations.

413 iv. Decaying phase

414 Figure 12 shows the anomalies associated with the decaying phase at $\tau = 5$ days. These
415 anomalies are to a large extent opposite to the ones occurring during the strengthening
416 phase at $\tau = -5$ days. In particular, the anomalies over the central region correspond
417 to a stronger than average mid-tropospheric inflow and upper tropospheric outflow.
418 At the same time, surface anomalies of horizontal wind indicate a reduction of low-
419 level inflow into the regions of active convection. Together, these anomalies indicate a
420 reduction of the moisture and moist static energy transport into the convective regions,
421 thus implying a further weakening and overall cooling trend.

422 The decaying phase also corresponds to the warmest mean atmospheric temperature, as
423 a direct results of the extended period of enhanced convection. The mean atmospheric
424 temperature increases by 2 K from $\tau = -5$ days to $\tau = 5$ days due to the enhanced
425 precipitation. While the atmosphere is warmer overall, it is also dryer, most notably
426 over the subsidence regions. The negative anomalies of θ_e in the boundary layer are
427 comparable to the positive anomalies in the free troposphere, which indicates the
428 internal energy increase associated with the warming in large part is compensated
429 by a reduction of latent heat content. The low frequency oscillation thus corresponds
430 to a switch back and forth between a regime with low sensible heat content but high
431 latent heat corresponding to the amplifying phase and a regime with high sensible heat
432 but low latent heat content during the decaying phase.

433 5. Organized convective systems

434 The low frequency variability of the Walker circulation discussed above is strongly coupled
435 to changes in the organization of convection. We analyze here two separate systems, shown
436 in Figure 5. The first system occurs during the expansion of the Walker circulation, while
437 the second occurs during the contraction. As such they evolve in a very different large-
438 scale environment, and their overall impact on the circulation (Moncrieff 1981, 1992) is also
439 markedly different. While we focus here on two specific events, similar cases of convective
440 organization are regularly found to be associated with the expansion and contraction of the
441 Walker Cell cycle over 270 days of simulated period. Overall, the dependence of convective
442 evolution on the low-frequency phase seems to be very robust.

443 The first system is shown in Panels a and b of Figure 5. It occurs between day 120 and
444 day 127 during the strengthening phase of the low frequency variability, when the region of
445 large-scale ascent is expanding. The system propagates into the subsidence region with an
446 almost constant speed of about 6.7 m s^{-1} . It lasts for about 8 days, and dissipates after
447 reaching colder ocean and drier atmosphere, having travelled for over 5000 km. In effect,
448 the propagation of this system corresponds to the expansion of the convergence region, and
449 similarly, its decay around day 127 coincides with the termination of this expansion. The
450 surface wind, shown in Figure 5a, shows a strong low-level convergence of the flow, changing
451 from a strong easterly ahead of the system to strong westerly behind it in a few hundred
452 kilometers and in less than a day. As the system propagates, the large scale flow strengthens
453 significantly during the first five days, with low level inflow reaching up to 20 m s^{-1} . This
454 system occurs in a region of strong vertical shear.

455 Figure 13a shows the mean streamfunction associated with the first system. To obtain
456 the figure, we average the horizontal velocity in the reference framework moving along the
457 storm. The streamfunction is then obtained by computing the vertical integral of the mass
458 transport. The system exhibits a very coherent structure, which is reminiscent of a squall
459 line, although on a much broader horizontal scale. The streamfunction shows that the inflow

460 is made of low level air coming from the subsidence region to the east. Two-thirds of the
461 outflow (relative to the moving storm) is taking place behind the storm, while about one
462 third is sent back in the upper troposphere ahead of the storm. Most of the mean ascent
463 occurs within a narrow region of about 200 km.

464 Figure 13b shows the moving average of the equivalent potential temperature. The
465 isentropes and streamlines are not parallel but instead exhibit significant crossing. This
466 indicates that the mean streamlines are not representative of the parcels trajectories and that
467 flow is highly intermittent. The inflow structure corresponds to a shallow moist boundary
468 layer with high value of θ_e and a much dryer free troposphere. The low level outflow behind
469 the storm has significantly lower value of θ_e than the inflow at the same level: the boundary
470 layer air mass ahead of the storm has been almost entirely depleted and has been replaced
471 by low θ_e air from the lower troposphere. The upper tropospheric outflow has a much larger
472 value of θ_e and is made primarily of boundary layer air that have risen within the narrow
473 ascent regions. One can also notice that the outflow ahead of the storm is significantly
474 warmer than the outflow behind it. There is a sharp temperature gradient in the regions of
475 mean ascent. Such a temperature gradient is necessary from a dynamical point of view to
476 reverse the wind direction of the first baroclinic mode.

477 Shallow convection prevails in front of the system, as lower troposphere is moist due to
478 strong surface winds and large surface fluxes. However, deep convection is severely inhibited
479 due to the very dry middle troposphere. Shallow convection gradually moistens the lower
480 troposphere as noticeable through the increase θ_e at about $z=3.5$ km ahead of the storm.
481 Closer to the storm, at about $x = 800$ km in Figure 13b, the meso-scale flow exhibits weak
482 ascent, which further reinforce the moistening of the lower troposphere. At the center of
483 the storm, between $x=200$ km and $x=400$ km, deep convection occurs frequently there, and
484 the corresponding strong updrafts are clearly marked by streamlines being almost vertical.
485 Finally, the inflow of low θ_e air in the middle troposphere is gradually moving down through
486 re-evaporation of stratiform precipitation and convective downdraft. This system exhibits a

487 highly coherent structure typical for a squall line (Houze 2004) where the dynamics exhibits
488 multiple forms of interaction with convection. Our analysis fits well with the three-cloud-
489 type paradigm of Khouider and Majda (2006) with shallow cumulus clouds in the front
490 part of the system, deep convection associated with the main ascent region, and extensive
491 stratiform regions both ahead and behind the storm from Figure 13a. There is a strong
492 jump updraft flow associated with the mean vertical shear in the super convective system
493 (Liu and Moncrieff 2001). More will be said about the momentum budget of this system at
494 the end of this section.

495 This system dissipates around day 128, after moving over colder water. The mid-
496 troposphere at the time of the dissipation is anomalously dry due to strengthened advection
497 of dry air by a well developed mid-tropospheric jet associated with the decaying stage of the
498 low frequency oscillation. As soon as the system decays, the ascent region begins to collapse,
499 a new organized structure forms at about 1500 km behind the first system (see Figure 5) and
500 starts propagating toward the warm water at a speed of about 5.7 m s^{-1} . This is the second
501 system we will analyze. This second system is associated with the weakening of the Walker
502 circulation and a significant narrowing of the ascent region. In contrast to the first system,
503 this second system is much less coherent, and corresponds rather to a westward propagating
504 envelope of several individual convective systems that themselves propagate eastward.

505 The moving average of streamfunction and equivalent potential temperature for this
506 second system are shown in Figure 13c and d. In effect, the second system propagates
507 within the region that has been modified by the first system. Its large scale environment is
508 thus characterized by a much weaker shear, moister lower troposphere but dryer boundary
509 layer, and much weaker horizontal gradients. As for the first system, the streamlines and
510 isentropes are not parallel, especially in the ascent regions, which indicates that parcel
511 trajectories differ significantly from the mean streamlines due to convection and turbulence.
512 The streamfunction is mostly barotropic (which is in part a result of using the horizontal
513 velocity relative to the storm, with a broad regions of weak ascent between $x=100 \text{ km}$ and

514 x=800 km). At the back of the storm, there is a marked low level inflow from the dry regions
 515 associated with a meso-scale downdraft. Evidence for this jet and mesoscale downdraft can
 516 also be inferred from the dipping of the low θ_e isentropes between x= 600 km and x = 100
 517 km. This advection of dry air at the back of the storm acts to shut down convection behind
 518 the storm and creates the overall contraction of the precipitation region.

519 To diagnose the contribution of the various scales, here we analyze the momentum and
 520 θ_e transports between the synoptic, meso and convective scales. The upscale transport from
 521 the vertical flux of a variable f can be decomposed as

$$[\overline{wf}] = [\overline{w}][\overline{f}] + [(\overline{w^*})(\overline{f^*})] + [w'f'], \quad (7)$$

522 where the overline $\bar{\cdot}$ indicates a time average in the moving frame, the bracket $[\cdot]$ the horizon-
 523 tal average (limited to the moving domain shown in Figure 13), the asterisk $f^* = \bar{f} - [\bar{f}]$ is
 524 the contribution for the stationary meso-scale structure and the prime $f' = f - \bar{f}$ corresponds
 525 to the transient fluctuations (Majda 2007). The first term equals the vertical flux by mean
 526 ascent. The second term corresponds to the transport by the time-mean mesoscale flow,
 527 whereas the third term account for the transport by transient fluctuations, primarily at the
 528 convective scale. The resulting fluxes of momentum and equivalent potential temperature
 529 are shown for system 1 and 2 in Figure 14 and 15, respectively.

530 The coherent structure of the first system is reflected in the spatial distribution of the
 531 fluxes. Convective and mesoscale fluxes are strongly localized, being particularly large in the
 532 central part of the system, where deep convection prevails. Mesoscale fluxes are stronger in
 533 the upper troposphere, where stratiform clouds spread. Convective fluxes are particularly
 534 large in the lower troposphere of the region with strong convective updrafts. Both convective
 535 and mesoscale fluxes are of comparable magnitude to the transport by mean ascent. Thus,
 536 their impact on the large-scale flow is not negligible. In particular, the convective flux of
 537 momentum strengthens the surface wind. Also it tends to weaken the mid-tropospheric jet
 538 and strengthen the upper-tropospheric outflow. The mesoscale momentum flux also enhances
 539 the upper tropospheric outflow. Both mesoscale and convective fluxes of equivalent potential

540 temperature are responsible for a net upward transport of energy into the upper troposphere.

541 The second system does not reveal such coherency as the first one, which can be viewed
542 as a result of the smaller embedded systems that propagate in the opposite direction to the
543 main envelope (Majda and Stechmann 2009). The time-averaged convective and mesoscale
544 fluxes are much less localized and weaken towards the direction where the embedded systems
545 propagate. Still, convective and mesoscale fluxes have a significant impact onto the large-
546 scales. In particular, the convective flux of momentum enhances low level inflow, although
547 less intensively than in the first system, and contributes to the acceleration of the upper
548 tropospheric outflow. Convective transport of equivalent potential temperature is significant,
549 whereas the mesoscale flux is negligible. In summary, both systems impact large-scale flow
550 and environmental conditions. In particular, convective fluxes of momentum act to accelerate
551 low-level inflow and upper tropospheric outflow. Also, both systems tend to transport moist
552 static energy upward efficiently. Since the first system is much more coherent than the second
553 system, its overall impact is larger (Majda and Stechmann 2009).

554 **6. Summary**

555 In this paper, we analyze an idealized Walker circulation induced by large-scale gradient
556 of sea surface temperature in a cloud resolving model. The time-mean circulation exhibits a
557 planetary scale overturning, with enhanced deep convection over warm water, and suppressed
558 convection over the subsidence regions. This Walker circulation, far from being steady,
559 exhibits significant low frequency variability on a time scale of about 20 days characterized
560 by an alternate between periods of intense circulation and precipitation and periods of weaker
561 flow and convective activity.

562 A systematic statistical analysis of the low frequency variability has been presented. We
563 use an EOF analysis of the surface winds to derive a low frequency index. We then compute
564 the lag regression of various physical fields with this index. This approach makes it possible

565 to identify the key physical processes associated with the low frequency variability. A typical
566 cycle can be decomposed into four phase, a suppressed phase, strengthening phase; active
567 phase, and decaying phase, with each phase lasting for 4-5 days. The suppressed phase
568 is characterized by a weak circulation, weak convection and overall dry atmosphere. The
569 intensification phase shows a significant increase in the water vapor content in the subsidence
570 regions as well as a weakening of the mid-tropospheric jet found usually at about 3-4 km
571 above the ground. The active phase occurs when the moisture anomaly generated in the
572 subsidence regions has been advected into the region of active convection over the warm SST.
573 This is followed by a marked warming and drying of the atmosphere, particularly pronounced
574 over the subsidence regions, during the decaying phases.

575 From a dynamical point of view, the low frequency anomaly exhibits several character-
576 istics of a fluctuation driven by moisture perturbations. In particular, the active phase is
577 proceeded by gradual build up of water content of the atmosphere. As this build-up occurs
578 primarily over the subsidence region, advection of moisture from the subsidence regions to
579 the regions of active precipitation plays an important role in the onset of the active phase.
580 Finally, the mid-tropospheric jet exhibits a very different phase from the overall overturning
581 circulation. Indeed, we observe that the mid tropospheric jet is at its weakest during the
582 intensification phase of the oscillation. As this mid-tropospheric jet brings dry, low entropy
583 air into the precipitation regions, such shutdown of the low tropospheric jet leads to an
584 increase in both water vapor and energy content of the main precipitating regions during
585 the strengthening phase.

586 The active period also corresponds to an horizontal expansion of the deep convection into
587 the otherwise dry regions, while the suppressed periods are usually associated with a signifi-
588 cantly smaller precipitation area. An intriguing feature of this expansion and contraction of
589 the precipitation regions lies in the fact that they are closely tied to synoptic-scale squall-like
590 systems. Our analysis furthermore indicates that systems associated with the expansion of
591 the precipitation zone differ significantly from those associated with the contraction. In other

592 words, different phases of low-frequency variability tend to favour different forms of convec-
593 tive organization. These systems have, in turn, different feedback to the large-scales. This
594 indicates a strong link between the low frequency variability and the behavior of synoptic
595 scales.

596 The simulations here with a strong sinusoidal imposed SST pattern have super convective
597 squall lines in the fluctuations but no large scale convectively coupled gravity waves. On
598 the other hand, large domain two-dimensional simulations with constant SST are dominated
599 by the mergence of synoptic scale convectively coupled Kelvin wave trains (Grabowski and
600 Moncrieff 2001). The structure and strength of the imposed SST which leads to a mixture of
601 mesoscale convective systems and convectively coupled gravity waves is an interesting issue
602 which merits further investigation. This is beyond the computational resources available in
603 the present study but could be studied through the stochastic multi-cloud model (Frenkel et
604 al. 2012).

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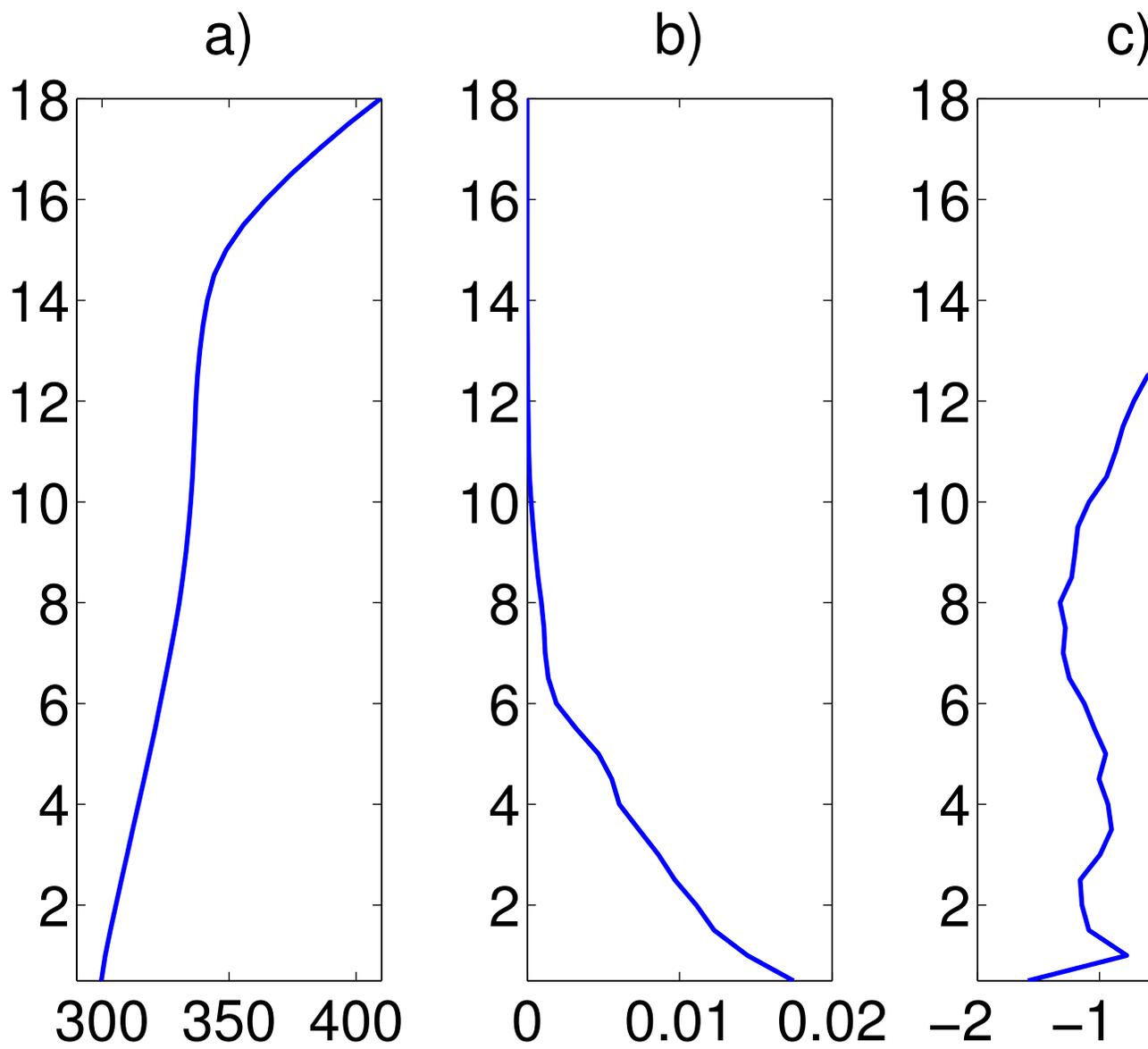


FIG. 1. Profile of a) environmental potential temperature (K); b) environmental water vapor mixing ratio (kg kg^{-1}); c) radiative cooling (K day^{-1}). Y axis: height (km).

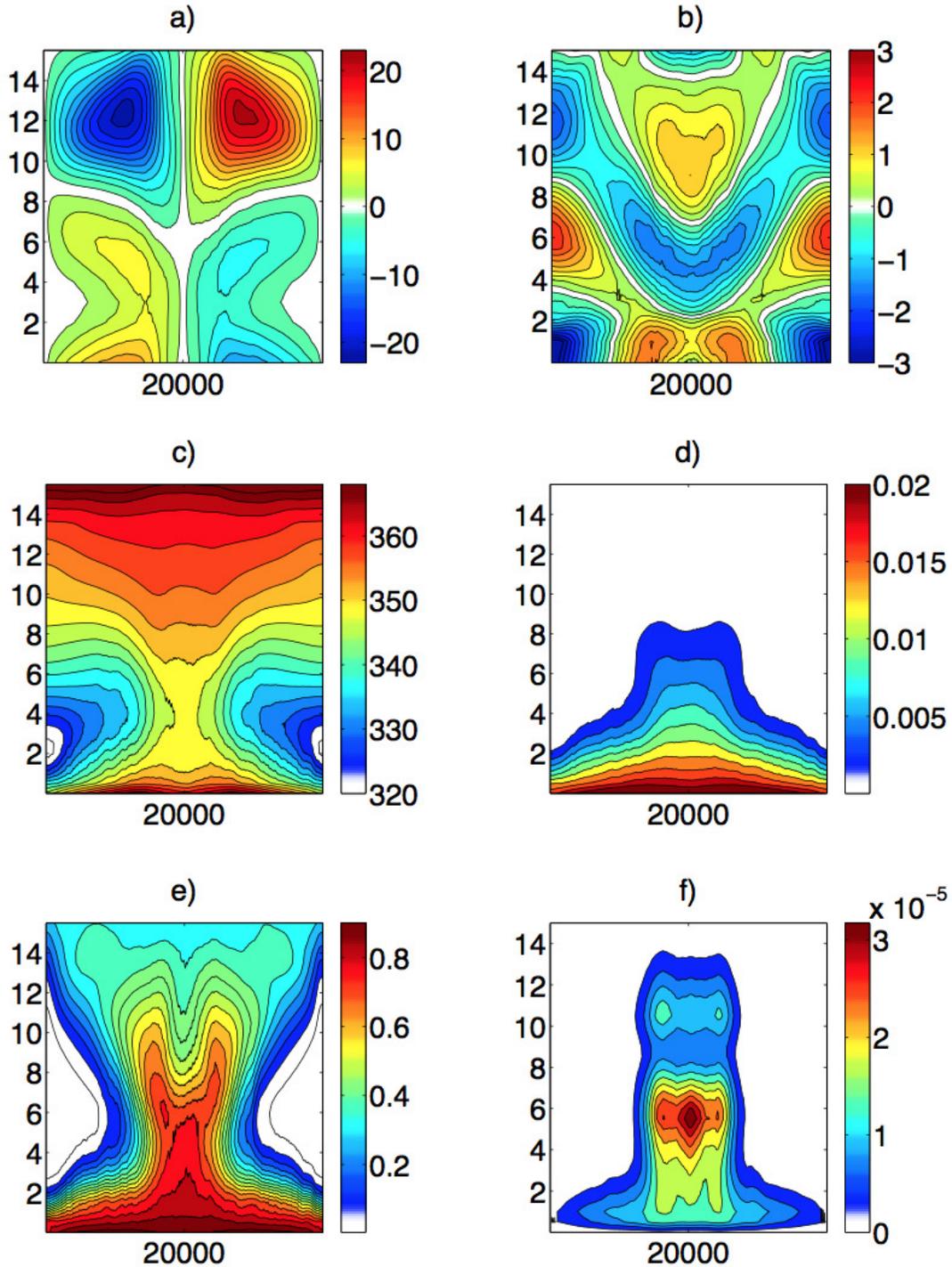


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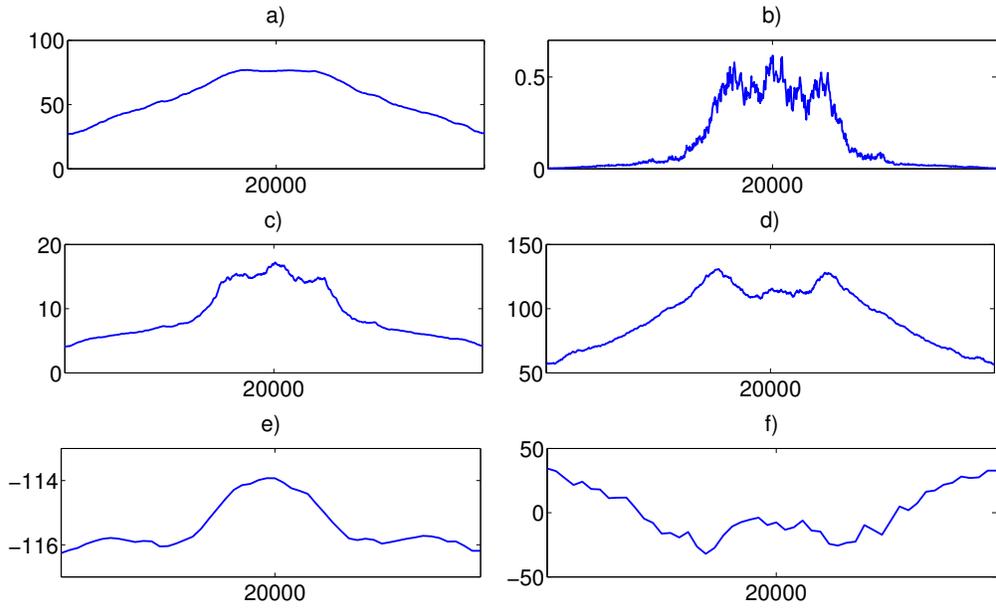


FIG. 3. Mean (in time) horizontal profiles of a) precipitable water content (kg m^{-2}), b) precipitation (mm h^{-1}), c) sensible surface flux (W m^{-2}), d) latent surface flux (W m^{-2}), e) vertical integral of radiative cooling (W m^{-2}), and f) divergence of integral of moist static energy in the column (W m^{-2}). All mean have been obtained by averaging over every time step of the last 273 days of the simulation). X axis: x direction (km).

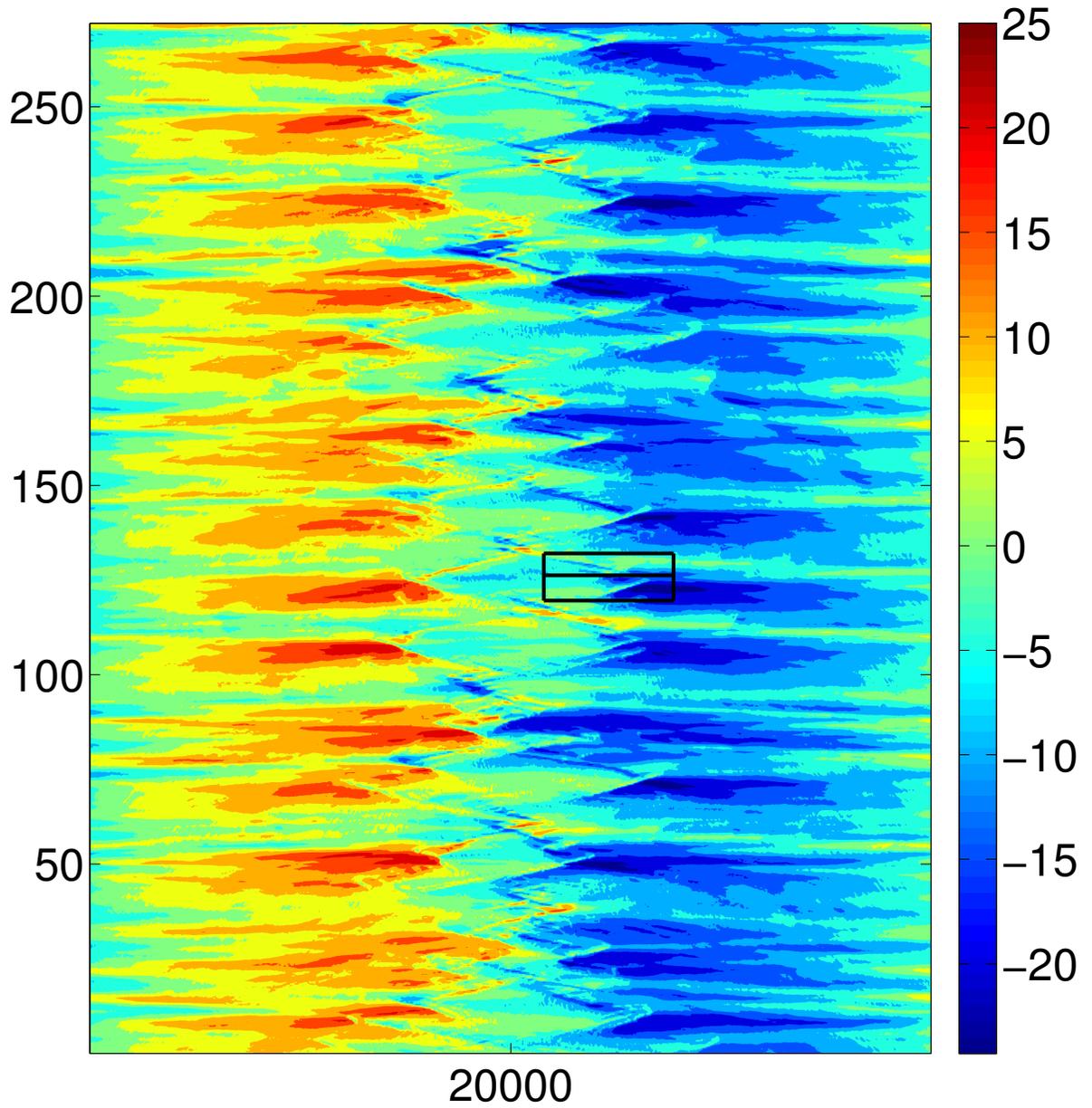


FIG. 4. Hovmoller diagram for horizontal velocity (m s^{-1}). X axis: x direction (km). Y axis: time (day).

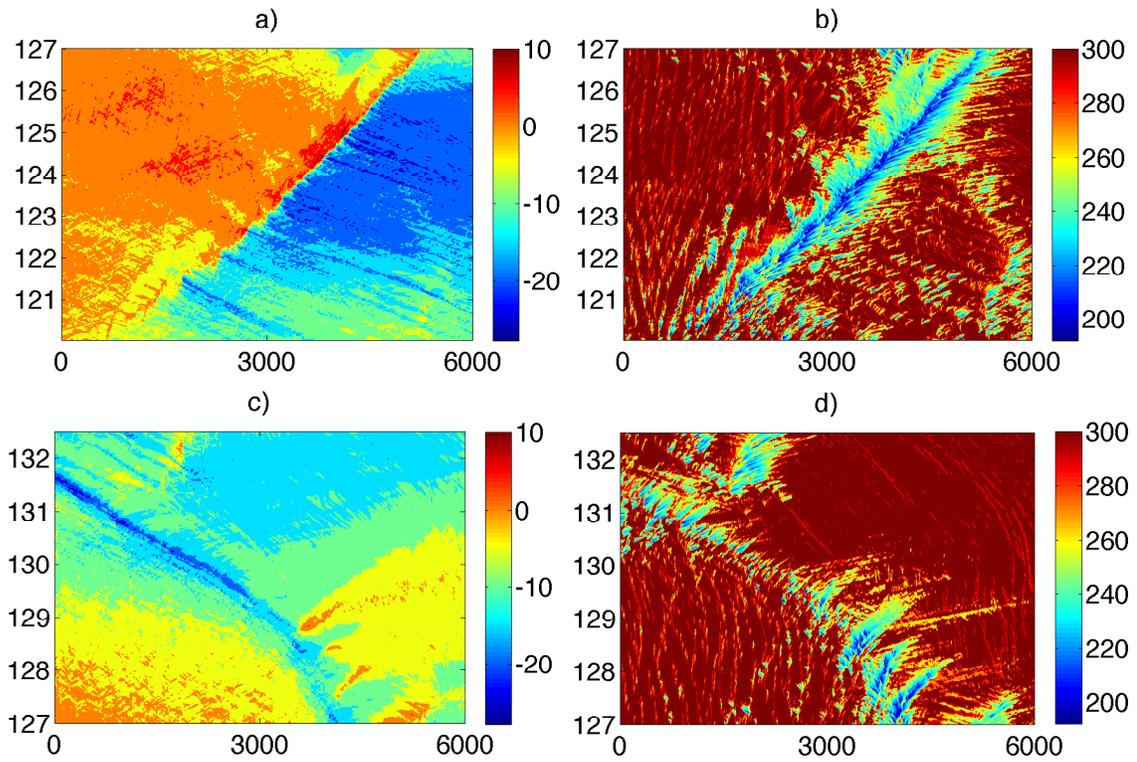


FIG. 5. Hovmoller diagram for surface wind (left column) and cloud top temperature (right column) for first (upper row) and second (bottom row) system. X axis: x direction (km). Y axis: time (day).

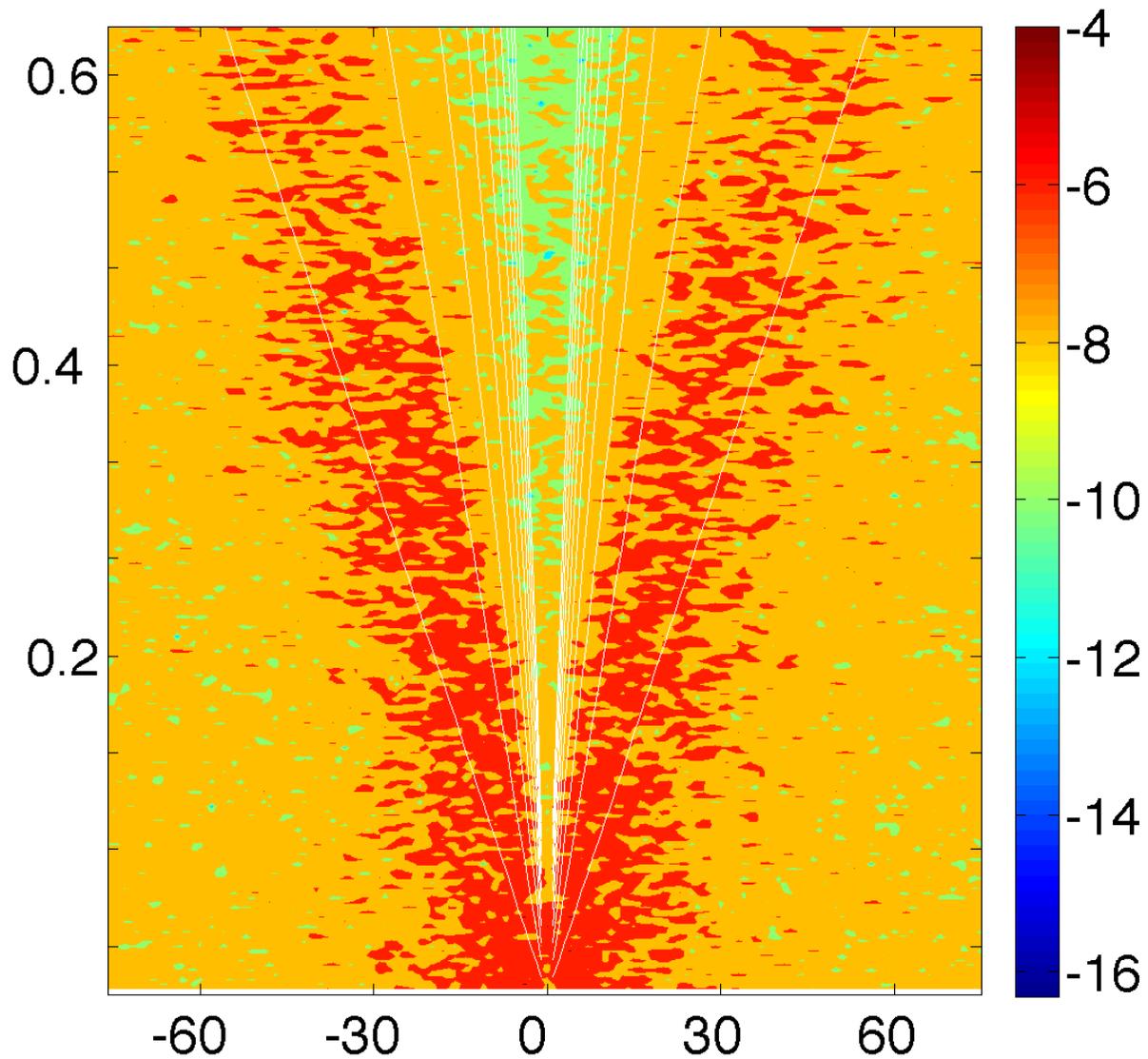


FIG. 6. Wheeler-Kiladis diagram ($\log(\text{abs})$ of coefficients) for surface precipitation. X axis: wavenumber in space. Y axis: frequency (cycles per day). Negative/positive wavenumbers in space: westward/eastward propagation. White solid lines (from the lowest); theoretical propagation speed; every 5 m s^{-1} .

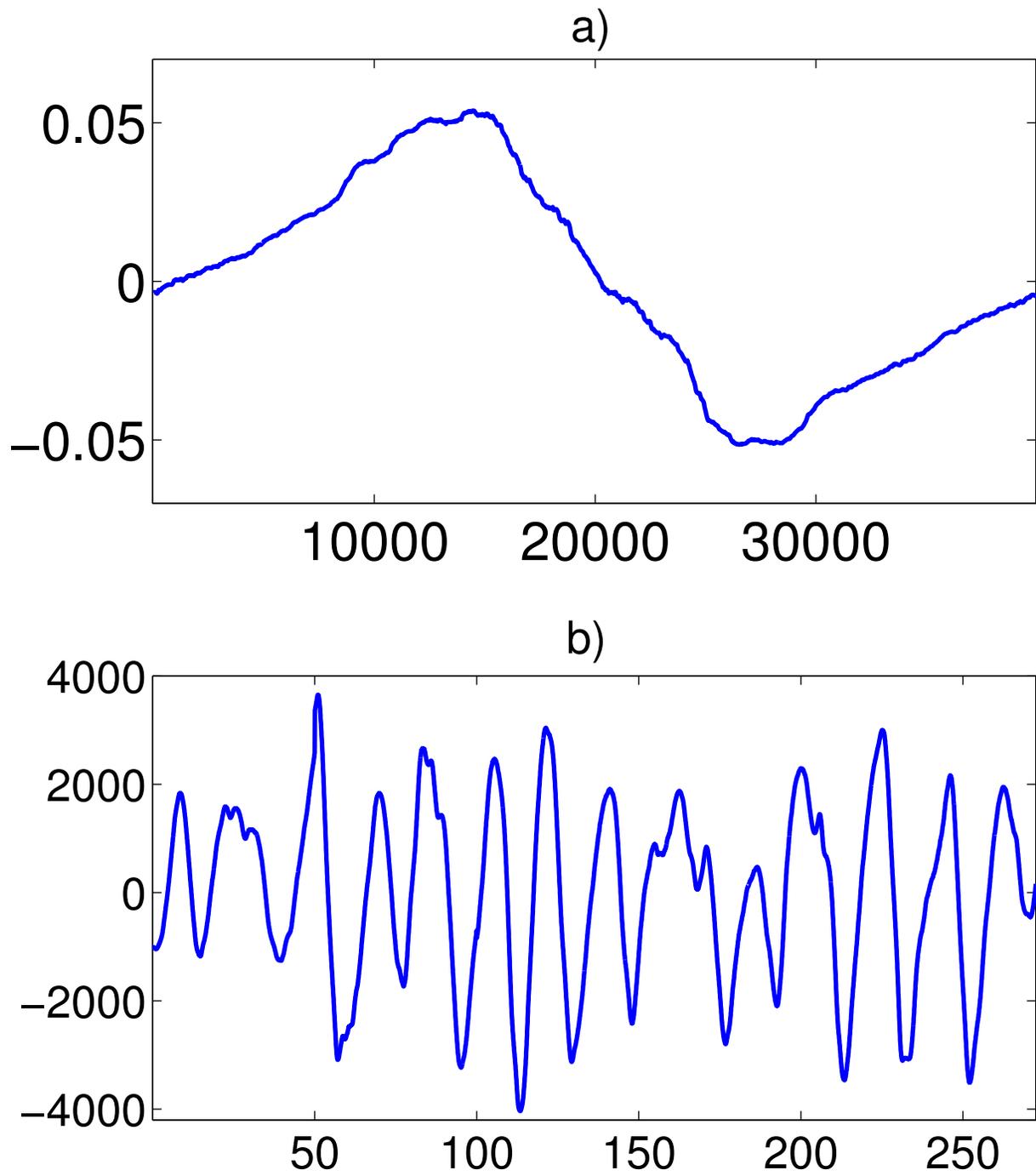


FIG. 7. Spatial pattern (a) and expansion coefficient (b) for first EOF of horizontal velocity at the first level of the model.

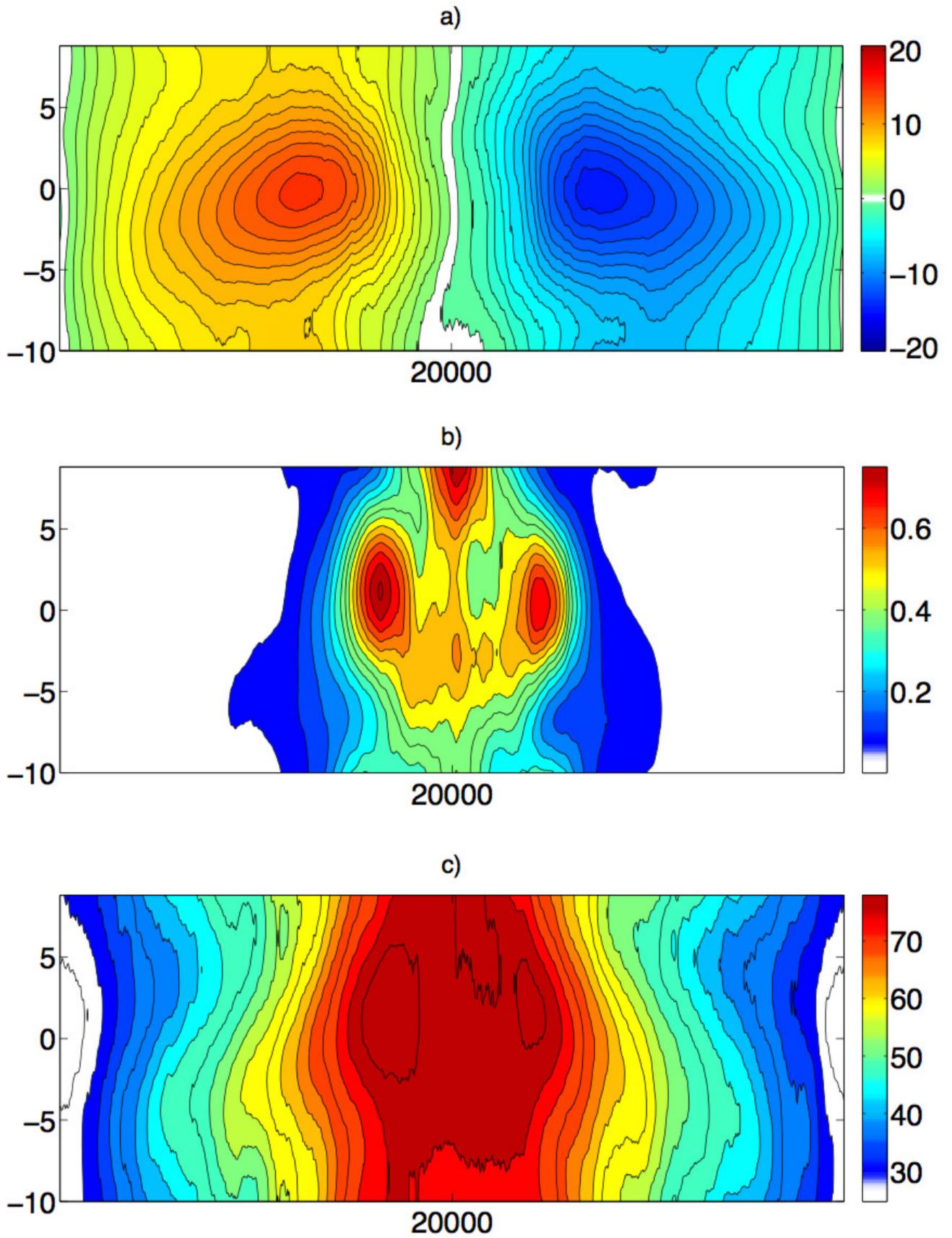


FIG. 8. Hovmöller diagram of lag regression of a) surface wind (m s^{-1}), b) precipitation (mm h^{-1}), c) precipitable water content (kg m^{-2}). X axis: x direction (km). Y axis: time (days).

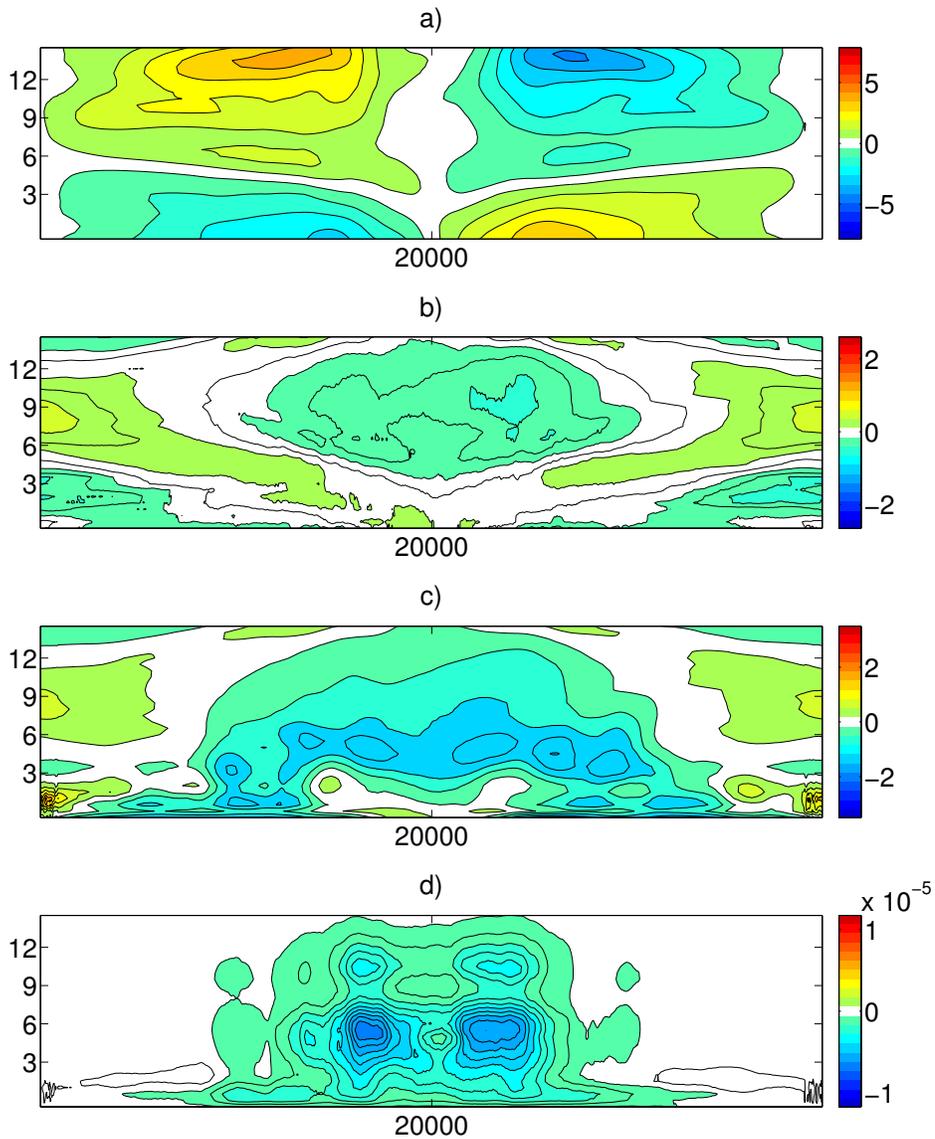


FIG. 9. Lag regressed structure during the suppressed phase for anomalies of a) horizontal velocity anomaly (m s^{-1}), b) virtual temperature (K), c) equivalent potential temperature (K), d) cloud water mixing ratio (kg kg^{-1}), for lag value of -10 day. X axis: x direction (km). Y axis: height (km).

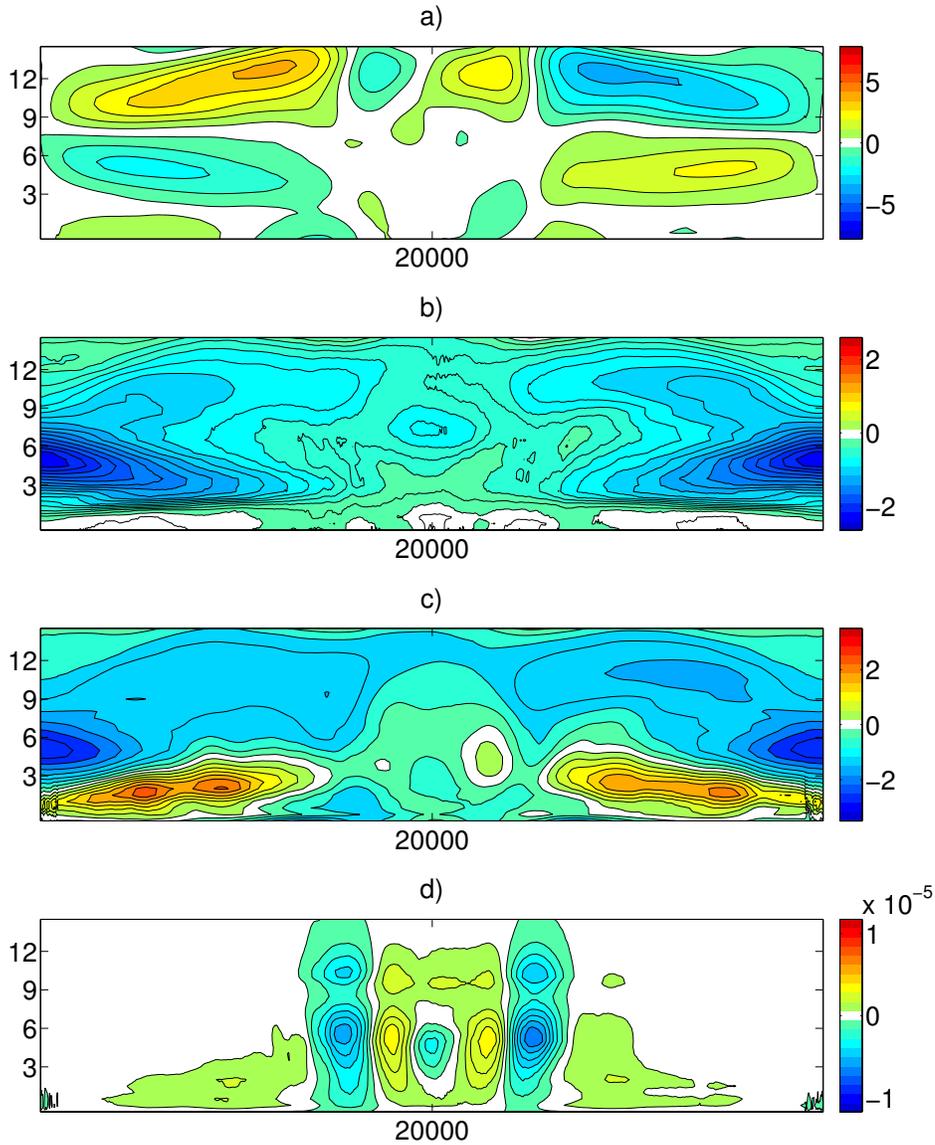


FIG. 10. Lag regressed structure during the strengthening phase for anomalies of a) horizontal velocity anomaly (m s^{-1}), b) virtual temperature (K), c) equivalent potential temperature (K), d) cloud water mixing ratio (kg kg^{-1}) for lag value of -5 day. X axis: x direction (km). Y axis: height (km).

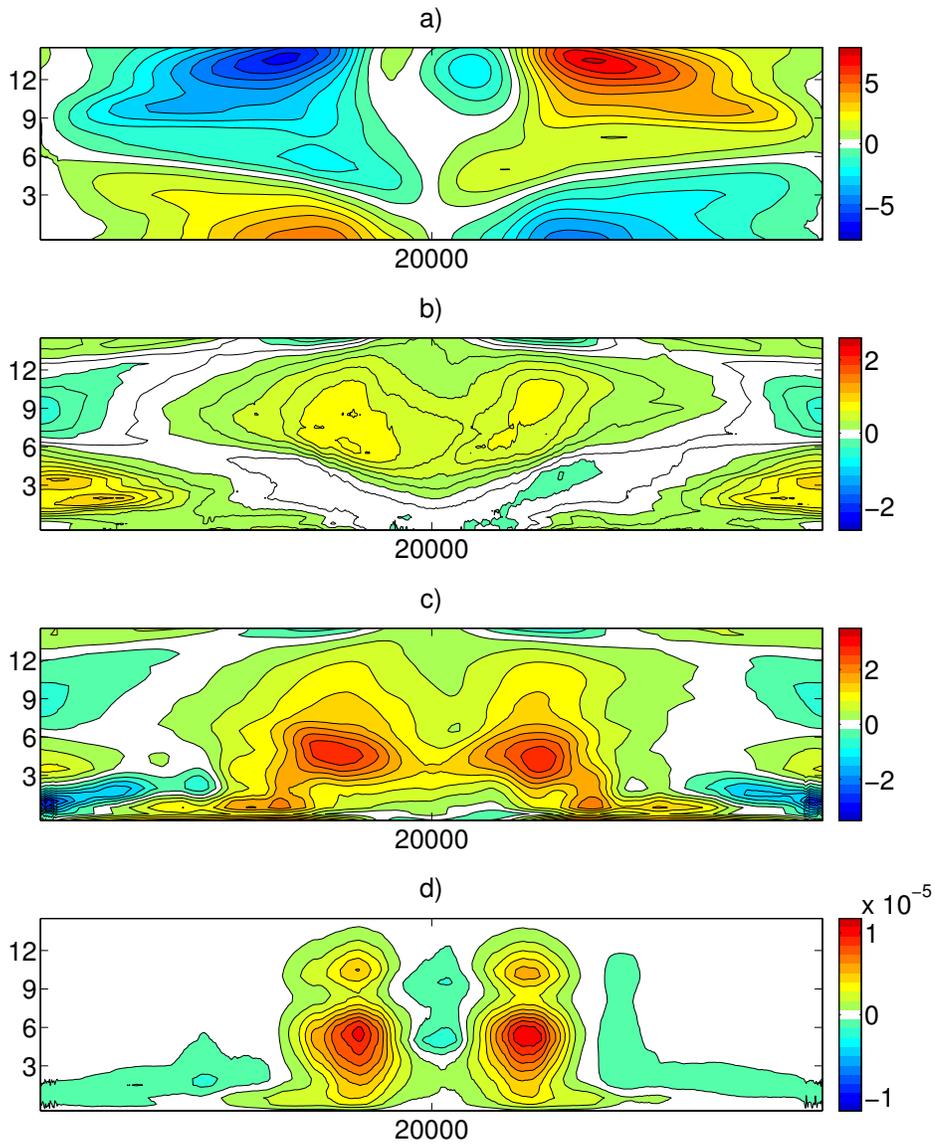


FIG. 11. Lag regressed structure during the active phase for anomalies of a) horizontal velocity anomaly (m s^{-1}), b) virtual temperature (K), c) equivalent potential temperature (K), d) cloud water mixing ratio (kg kg^{-1}) for lag value of 0 day. X axis: x direction (km). Y axis: height (km).

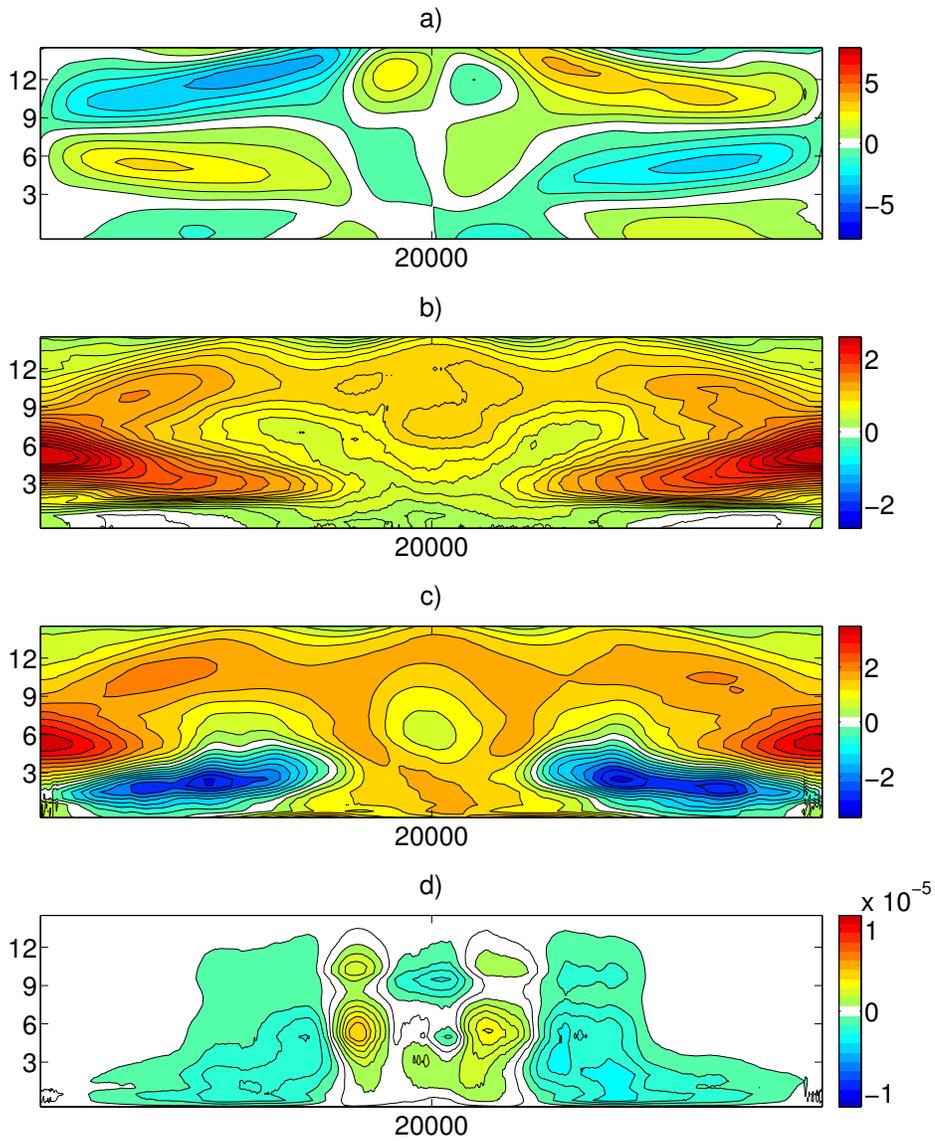


FIG. 12. Lag regressed structure during the decaying phase for anomalies of a) horizontal velocity anomaly (m s^{-1}), b) virtual temperature (K), c) equivalent potential temperature (K), d) cloud water mixing ratio (kg kg^{-1}) for lag value of 5 day. X axis: x direction (km). Y axis: height (km).

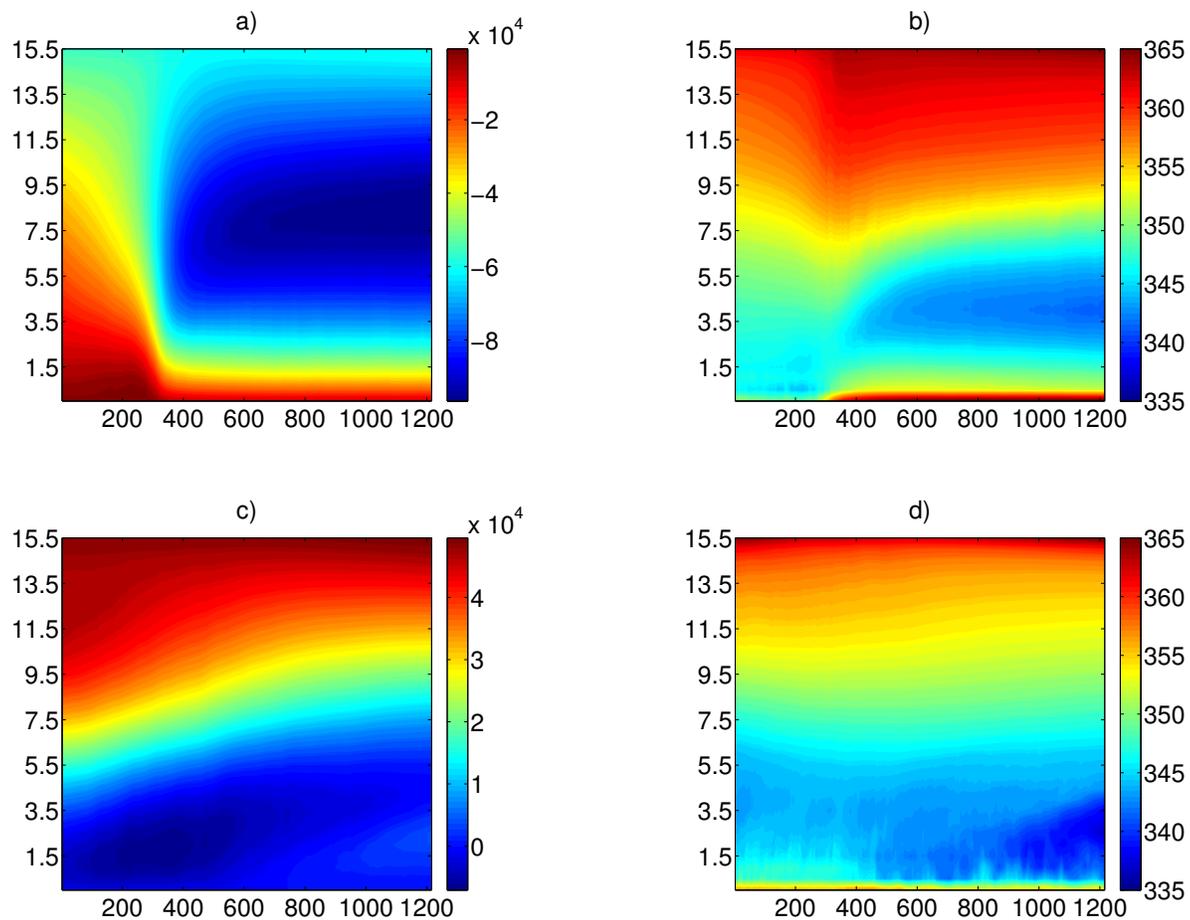


FIG. 13. Time-averaged streamfunction (left column) and equivalent potential temperature (right column) for system 1 (upper row) and system 2 (bottom row). Y axis: height (km). X axis: x direction (km)

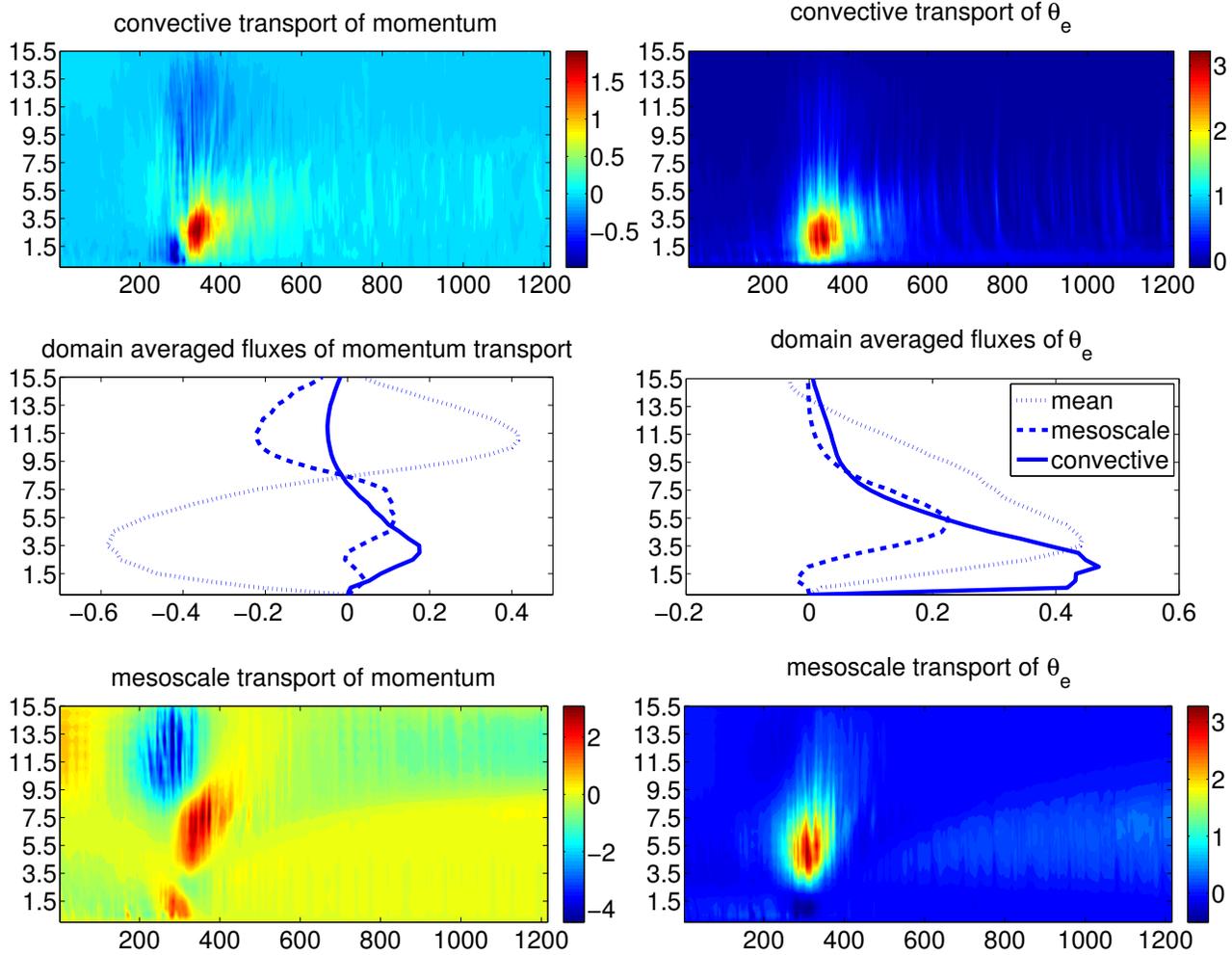


FIG. 14. Time-averaged fluxes of momentum (left) and equivalent potential temperature (right column) for system 1. Y axis: height (km). Middle row: Averaged in time and space profiles of convective (solid line) and mesoscale (dashed) fluxes, as well as fluxes associated with mean ascent(dotted line). Upper and bottom row: time-averaged spatial distribution of convective and mesoscale fluxes, respectively, over 1200 km horizontally.

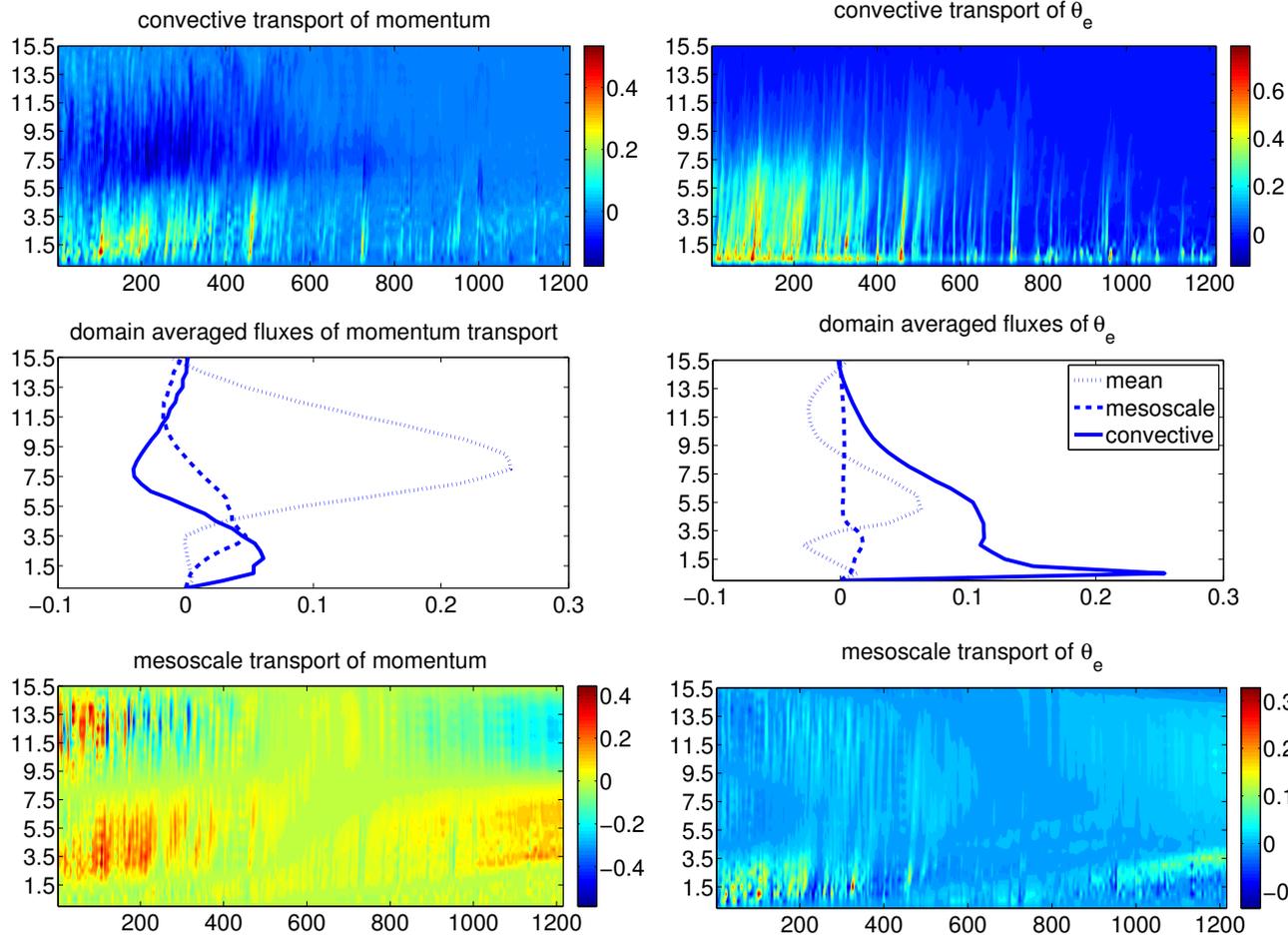


FIG. 15. Time-averaged fluxes of momentum (left column) and equivalent potential temperature (right column) for system 2. Y axis: height (km). Middle row: Averaged in time and space profiles of convective (solid line) and mesoscale (dashed) fluxes, as well as fluxes associated with mean ascent (dotted line). Upper and bottom row: time-averaged spatial distribution of convective and mesoscale fluxes, respectively, over 1200 km horizontally.